

Our Life in the Church

1. Why do we make the sign of the cross? (1)

We make the sign of the cross to bring ourselves into God's presence, to be blessed by God, and to mark ourselves as belonging to Christ.

2. What is a mystery or sacrament? (1)

A mystery brings together a material object and a spiritual reality, to bring us closer to God.

3. Explain Baptism, and Chrismation (5)

In baptism a person comes to new life and becomes a member of the Body of Christ, the Church.

4. Explain chrismation. (7)

In chrismation a person receives the anointing and seal of the Holy Spirit.

5. What does "Eucharist" mean? (11)

Eucharist means "thanksgiving."

6. What does it mean to be converted to Christ? How are we saved? (Add to 11, p. 26)

To be converted to Christ means that we live by His teachings. We are saved through the Church, by baptism, by living continuing to live according to Christ's teachings, and by participation in Church.

7. What does "liturgy" mean? (20)

Liturgy means "offering," or "public offering."

8. Explain Communion. (22)

In Communion a person receives the Body and Blood of Christ and comes into a closer likeness to Christ.

9. What are we expressing when we cross our arms over our chest as we approach the chalice? (22)

We are expressing our humility.

10. What is the most important activity in our life? (23)

The most important activity of our life is offering and receiving Eucharist.

11. Why do we fast? (24)

We fast so that our appetites and desires serve us, so that we don't serve them. We fast to strengthen our body and soul.

12. Explain confession. (25)

In Confession, a person receives forgiveness of sin, and becomes new again.

13. Explain the sacrament of unction, (26) (27) (28)

In Holy Unction a person is anointed for the healing of soul and body.

14. Explain marriage, and ordination. (27) (28)

In marriage, a man and a woman become one and begin a new family. In Ordination, a man is set apart to serve the Church.