

ORTHROS ON SUNDAY, SEPTEMBER 10, 2023; TONE 5 / EOTHINON 3**AFTER-FAST OF THE NATIVITY OF THE THEOTOKOS**MARTYRS MENODORA, METRODORA AND NYMPHODORA OF BITHYNIA;
EMPRESS PULCHERIA; PETER, BISHOP OF NICAEA

Priest: Blessed is our God, always, now and ever, and unto the ages of ages.	الكاهن: تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Choir: Amen.	الجوقة: آمين.
Priest: Glory to Thee, our God, glory to Thee. O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.	الكاهن: الْمَجْدُ لَكَ يَا إِلَهُنَا الْمَجْدُ لَكَ. أَيُّهَا الْمَلِكُ السَّمَاوِيِّ الْمُعَزِّي، رُوحَ الْحَقِّ، الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَالِيُ الْكُلِّ، كَنْزُ الصَّالِحَاتِ وَرَازِقُ الْحَيَاةِ، هَلُمَّ وَاسْكُنْ فِيْنَا، وَطَهِّرْنَا مِنْ كُلِّ نَنْسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ نَفُوسَنَا.
Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	القارئ: قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ، اِرْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.	أَيُّهَا الثَّلَاوُثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبُّ اغْفُرْ خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَن سَيِّئَاتِنَا، يَا قُدُّوسُ اطَّلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.
Lord, have mercy. (<i>thrice</i>)	يَا رَبُّ اِرْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.	الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.
Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.	أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ مَلَكُوتُكَ، لِتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ، خُبِّرْنَا الْجَوْهَرِيَّ اعْطِنَا الْيَوْمَ، وَاتْرُكْ لَنَا مَا عَلَيْنَا كَمَا نَتْرُكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِيرِ.
Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.	الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.
Reader: Amen. O Lord, save Thy people and	القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيرَاثَكَ،

<p>bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.</p>	<p>وَأَمْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلِيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا الْمَسِيحُ الْإِلَهَ، ائْمِنْ رَأْفَتِكَ لِشَعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَانِحاً إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لِنَكُنْ لَهُمْ مَعُونَتَكَ سِلَاحاً لِلسَّلَامِ، وَظَفِراً غَيْرَ مَقْهُورٍ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَاهِرِينَ. آمِينَ. أَيُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرَ الْمَخْذُولَةِ، يَا وَالِدَةَ الْإِلَهِ الْكَلِيَّةِ التَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةَ عَنْ تَوْسَلَاتِنَا، بَلْ وَطِّدِي سِيْرَةَ الْمُسْتَقِيمِي الرَّأْيِ، وَخَلِّصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَامْنَحِيهِمُ الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنْكَ وَوَلَدْتِ الْإِلَهَ، أَيُّهَا الْمُبَارَكَةُ وَحْدَكَ.</p>
<p>LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ</p>
<p>Priest: Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.</p>	<p>الكَاهِنُ: إِرْحَمْنَا يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.</p>
<p>Choir: Lord, have mercy. (<i>thrice</i>) (use this response until noted below)</p>	<p>الجوقة: يَا رَبُّ ارْحَمْ. (ثَلَاثًا) (تُعَادُ بَعْدَ كُلِّ طَلِبَةٍ)</p>
<p>Priest: Again we pray for all pious and Orthodox Christians.</p>	<p>الكَاهِنُ: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ الْحَسَنِي الْعِبَادَةِ الْأَرْتُوذُكْسِيِّينَ.</p>
<p>Priest: Again we pray for our father and metropolitan, N., (our bishop, N.,) and all our brotherhood in Christ.</p>	<p>الكَاهِنُ: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ أَبِينَا وَمِتْرُوبُولِيْتِنَا (فُلَانٍ) وَرَبِّيسِ كَهَنَتِنَا (فُلَانٍ)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.</p>
<p>Priest: For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.</p>	<p>الكَاهِنُ: لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُرْسَلُ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَاهِرِينَ.</p>
<p>Choir: Amen. Bless, Father, in the Name of the Lord.</p>	<p>الجوقة: آمِينَ. بِاسْمِ الرَّبِّ بَارِكْ يَا أَبَ.</p>

<p>Priest: Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.</p>	<p>الكاهن: المَجْدُ لِلثَّالُوثِ الْقُدُّوسِ، الْمُتَسَاوِي فِي الجَوْهَرِ، الْمُحْيِي، غَيْرِ الْمُتَقَسِّمِ، كُلِّ حِينٍ، الْآنَ وَكُلِّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>
<p>Choir: Amen.</p>	<p>الجوقة: آمين.</p>
<p>Reader: Glory to God in the highest, and on earth peace, goodwill among men. (<i>thrice</i>) O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. (<i>twice</i>)</p>	<p>القارئ: المَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةِ. (ثَلَاثًا) يَا رَبُّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ. (مَرَّتَيْنِ)</p>
<p>PSALM 3</p>	<p>المزمور ٣</p>
<p>O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people. I laid me down and slept; I awoke, for the Lord will help me.</p>	<p>يَا رَبُّ لِمَاذَا كَثُرَ الذُّنُوبُ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِاللَّهِهِ. وَأَنْتَ يَا رَبُّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَنْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ الْمُحِيطِينَ بِي، الْمُتَوَازِرِينَ عَلَيَّ. قُمْ يَا رَبُّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَادِينِي بَاطِلًا، وَسَحَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَاتُكَ. أَنَا رَقَنْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.</p>
<p>PSALM 37</p>	<p>المزمور ٣٧</p>
<p>O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled</p>	<p>يَا رَبُّ، لَا بَغْضَبِكَ تُؤَيِّبْنِي، وَلَا بِرَجْزِكَ تُؤَلِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَنْتَبْتُ وَقَاحَتْ جِرَاحَاتِي مِنْ قَبْلِ جَهَالَتِي. شَقِيتُ وَأَنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيًى وَلَيْسَ لِجَسَدِي شِفَاءٌ. شَقِيتُ وَأَتَّصَعْتُ جِدًّا، وَكُنْتُ أَيْنٌ مِنْ تَتَهَدَّى قَلْبِي. يَا رَبُّ،</p>

exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

إِنَّ بُغْيَتِي كُلَّهَا أَمَامَكَ، وَتَتَّهِدِي لَمْ يَخْفَ عَنكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَّفُوا لَدَيَّ، وَجِنْسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَّا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهَهُ. وَصِرْتُ كإنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَالْهِي. لِأَنِّي قُلْتُ لَا يَسْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا زَلَّتْ قَدَمَايَ عَظَّمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أَخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَّا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَاؤُونِي بِدَلِّ الْخَيْرِ شَرًّا، مَحَلُّوا بِي لِأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبُّ خَلَاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبُّ خَلَاصِي.

PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my

المزمور ٦٢

يَا اللَّهُ إِلَهِي إِلَيْكَ أَبْتُكِرُ. عَطِشَتْ إِلَيْكَ نَفْسِي، وَاشْتَاقَ إِلَيْكَ جَسَدِي، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَاعِمَةٍ الْمَاءِ. هَكَذَا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفَتِي تَسْبِحَانِكَ. هَكَذَا أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمْتَلِئُ نَفْسِي كَمَا مِنْ شَحْمٍ وَدَسَمٍ، وَيَشْفَاهِ الْإِبْتِهَاجُ يُسَبِّحُكَ فَمِي. إِذَا نَكَرْتُكَ عَلَى

bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (*thrice*)

Lord, have mercy. (*thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit.

PSALM 87

Both now and ever, and unto ages of ages. Amen.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an

فِرَاشِي، هَدَنْتُ بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي
عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. اِلْتَصَقَتْ نَفْسِي بِكَ،
وَإِيَّايَ عَضَدْتَ يَمِينِكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي
بِاطِلًا، فَسَيَدْخُلُونَ فِي أَسَافِلِ الْأَرْضِ، وَيُدْفَعُونَ
إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصِبَةً لِلثَّعَالِبِ. أَمَّا
الْمَلِكُ فَيَسْرُ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ بِهِ، لِأَنَّهُ
قَدْ سَدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ.

هَدَنْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا،
وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. اِلْتَصَقَتْ نَفْسِي بِكَ، وَإِيَّايَ
عَضَدْتَ يَمِينِكَ.

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ
وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)
يَا رَبُّ ارْحَمْنَا. (ثَلَاثًا)

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ.

المزمور ٨٧

الآن وكلَّ أوانٍ وإلى دهرِ الدَّاهِرِينَ. آمين.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ
أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمَلْتُ أُنْذِكَ إِلَيَّ
طَلِبَتِي، فَقَدْ امْتَلَأْتُ مِنَ الشُّرُورِ نَفْسِي، وَدَنْتُ مِنَ
الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ الْمُتَحَدِّرِينَ فِي الْجُبِّ،
صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ
الْأَمْوَاتِ مِثْلَ الْقَتْلَى الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا
تَتَذَكَّرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مَقْصُونُونَ. جَعَلُونِي فِي
جُبِّ أَسْفَلِ السَّافِلِينَ، فِي ظُلُمَاتِ الْمَوْتِ وَظِلَالِهِ.
عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ أَجَزَّتْهَا عَلَيَّ.

abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ رَجَاسَةً. قَدْ أَسْلِمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ وَإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلَعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ الْعَجَائِبَ؟ أَمْ الْأَطِبَّاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبِكَ، وَعَدْلَكَ فِي أَرْضٍ مَنَسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبَلَّغْكَ فِي الْغَدَاةِ صَلَاتِي. لِمَآذَا، يَا رَبُّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جَارَ رِجْزِكَ، وَمُفْرِعَاتِكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَنَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ. يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمِلْ أُنْذَكَ إِلَى طَلْبَتِي.

PSALM 102

المزمور ١٠٢

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي اسْمَهُ الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي جَمِيعَ مُكَافَاتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي يَشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنَجِّي مِنَ الْفَسَادِ حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّفَافَةِ، الَّذِي يُشْبِعُ بِالْخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ الْمَظْلُومِينَ. عَرَفَ مُوسَى طُرُقَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ،

suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the

طَوِيلِ الْأَنَاءِ وَكَثِيرِ الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْقِضَاءِ يَسْخَطُ، وَلَا إِلَى الدَّهْرِ يَحْقِدُ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ بِمِقْدَارِ اِرْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قَوَى الرَّبُّ رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ الْأَبُ بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جَبَلَتْنَا وَنَكَرَ أَنَّنَا تُرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ وَكَزَهْرِ الْحَقْلِ كَذَلِكَ يُزْهَرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ الرِّيحُ لَيْسَ يَثْبُتُ وَلَا يُعْرَفُ أَيْضًا مَوْضِعُهُ. أَمَّا رَحْمَةُ الرَّبِّ فَهِيَ مُنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أَبْنَاءِ الْبَنِينَ الْحَافِظِينَ عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّأَ عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةٍ، الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ. بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ. فِي كُلِّ مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

المزمور ١٤٢

يَا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَى طِلْبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتَرَكَ أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَنْزَلَ إِلَى الْأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتَى مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَذَنْتُ فِي كُلِّ أَعْمَالِكَ،

<p>creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.</p>	<p>وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمْطَرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبُّ، فَقَدْ فَنَيْتُ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأَشَابَهُ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْعِدَاةِ مُسْتَمِعًا رَحْمَتِكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْأَلُكَ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبُّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلَّمْنِي أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ، تُحْيِينِي. بَعْدَكَ تُخْرِجُ مِنَ الْحُزَنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.</p>
<p>Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. (twice)</p> <p>Thy good Spirit shall lead me in the land of uprightness.</p>	<p>إِسْتَجِبْ لِي بَعْدَكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعِ عَبْدِكَ. (مَرَّتَيْنِ)</p> <p>رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.</p>
<p>Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.</p> <p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice)</p> <p>O our God and our Hope, glory to Thee!</p>	<p>الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>هَلِّلُوبِيَا، هَلِّلُوبِيَا، هَلِّلُوبِيَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)</p> <p>يَا إِلَهَنَا وَرَجَاءَنَا الْمَجْدُ لَكَ.</p>
<p>THE GREAT LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الْكُبْرَى</p>
<p>Priest: In peace, let us pray to the Lord.</p>	<p>الكَاهِنُ: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Choir: Lord, have mercy. (use this response until noted below)</p>	<p>الْجَوْقَةُ: يَا رَبُّ ارْحَمْنَا. (تُعَادُ بَعْدَ كُلِّ طَلِبَةٍ)</p>
<p>Priest: For the peace from above and the salvation of our souls, let us pray to the Lord.</p>	<p>الكَاهِنُ: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى وَخَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.</p>	<p>الكَاهِنُ: مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ كَنَائِسِ اللَّهِ الْمُقَدَّسَةِ، وَاتِّحَادِ الْجَمِيعِ، إِلَى الرَّبِّ نَطْلُبُ.</p>

<p>Priest: For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ يَدْخُلُونَ إِلَيْهِ بِإِيمَانٍ وَوَرَعٍ وَخَوْفِ اللَّهِ، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For our father and metropolitan, N., (our bishop, N.,) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ أَبِينَا وَمِتْرُوبُولِيْتِنَا (فُلَانٍ) وَرَبِّيسِ كَهَنَتِنَا (فُلَانٍ)، وَالْكَهَنَةَ الْمُكْرَمِينَ، وَالشَّامِسَةَ، خُدَّامَ الْمَسِيحِ، وَجَمِيعِ الْإِكْلِيْرُوسِ وَالشَّعْبِ، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For our country, its president (or appropriate head of state), civil authorities and armed forces, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ وَمُؤَازَرَتِهِمْ فِي كُلِّ عَمَلٍ صَالِحٍ، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَّةِ، وَخَضْبِ ثِمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالْجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى، وَخَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.</p>	<p>الكاهن: مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَغَضَبٍ وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ.</p>
<p>Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.</p>	<p>الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِبِنْعَمَتِكَ.</p>
<p>Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.</p>	<p>الكاهن: بَعْدَ تِكْرِنَا الْكُلِّيَّةِ الْقَدَّاسَةِ الطَّاهِرَةِ الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ، مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.</p>
<p>Choir: To Thee, O Lord.</p>	<p>الجوقة: لَكَ يَا رَبِّ.</p>
<p>Priest: For unto thee are due all glory, honor and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.</p>	<p>الكاهن: لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ، أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p>

Choir: Amen.	الجوقة: آمين.
“GOD IS THE LORD” IN TONE FIVE	"الله الرَّبُّ" بِاللَّحْنِ الْخَامِسِ
Chanter: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (<i>Repeat after verses</i>)	الْمُرْتِّلُ: اللهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تَعَادُ بَعْدَ الْإِسْتِيخُونَاتِ)
1. O give thanks unto the Lord, and call upon His holy Name.	١. اِعْتَرِفُوا لِلرَّبِّ وَادْعُوا بِاسْمِهِ الْقُدُّوسِ.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.	٢. كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ.
3. This is the Lord's doing; it is marvelous in our eyes.	٣. مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.
RESURRECTIONAL APOLYTIKION IN TONE FIVE	أَبُولِيْتِيْكَوْنِ الْقِيَامَةِ بِاللَّحْنِ الْخَامِسِ
Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.	لِنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدُ لِلْكَلِمَةِ، الْمُسَاوِي لِلآبِ وَالرُّوحِ فِي الْأَرْزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنَ الْعَذْرَاءِ لِخَلَاصِنَا، لِأَنَّهُ سُرَّ بِالْجَسَدِ أَنْ يَغْلُو عَلَى الصَّلِيبِ، وَيَحْتَمِلَ الْمَوْتَ، وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ.
RESURRECTIONAL APOLYTIKION IN TONE FIVE	أَبُولِيْتِيْكَوْنِ الْقِيَامَةِ بِاللَّحْنِ الْخَامِسِ
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.	الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ. لِنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدُ لِلْكَلِمَةِ، الْمُسَاوِي لِلآبِ وَالرُّوحِ فِي الْأَرْزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنَ الْعَذْرَاءِ لِخَلَاصِنَا، لِأَنَّهُ سُرَّ بِالْجَسَدِ أَنْ يَغْلُو عَلَى الصَّلِيبِ، وَيَحْتَمِلَ الْمَوْتَ، وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ.
APOLYTIKION OF THE NATIVITY OF THE THEOTOKOS IN TONE FOUR	أَبُولِيْتِيْكَوْنِ لِمِيلَادِ الْإِلَهِ بِاللَّحْنِ الرَّابِعِ
<i>Both now and ever, and unto ages of ages. Amen.</i> Thy nativity, O Theotokos, hath proclaimed joy to the whole universe; for from thee did shine forth the Sun of justice, Christ our God, annulling the curse, and bestowing the blessing, abolishing death and granting us life everlasting.	الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ. مِيلَادُكَ يَا وَالِدَةَ الْإِلَهِ، بَشَّرَ بِالْفَرَحِ كُلَّ الْمَسْكُونَةِ. لِأَنَّهُ مِنْكَ أَشْرَقَ شَمْسُ الْعَدْلِ الْمَسِيحِ الْهُنَا، فَحَلَّ اللَّعْنَةَ وَوَهَبَ الْبَرَكَةَ وَأَبْطَلَ الْمَوْتَ وَأَعْطَانَا حَيَاةً أَبَدِيَّةً.

THE LITTLE LITANY	الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى
<p>Priest: Again and again, in peace, let us pray to the Lord.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.</p> <p>Choir: Lord, have mercy.</p> <p>Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.</p> <p>Choir: To Thee, O Lord.</p> <p>Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.</p> <p>Choir: Amen.</p>	<p>الكاهن: أَيْضاً وَأَيْضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.</p> <p>الجوق: يَا رَبُّ ارْحَمْنَا.</p> <p>الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.</p> <p>الجوق: يَا رَبُّ ارْحَمْنَا.</p> <p>الكاهن: بَعْدَ تِكْرُنَا الْكُلِّيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةِ الْإِلَهِيَّةِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِيِّ.</p> <p>الجوق: لَكَ يَا رَبُّ.</p> <p>الكاهن: لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.</p> <p>الجوق: آمِينَ.</p>
FIFTH TONE RESURRECTIONAL KATHISMATA (Plain Reading)	كَاتِيسَمَاتُ الْقِيَامَةِ لِلْحَنِّ الْخَامِسِ (قِرَاءَةٌ)
First Kathisma	الكَاتِيسْمَا الْأُولَى
<p>Let us laud the honored Cross of the Lord; let us honor with song His holy Burial; let us glorify His divine Resurrection; for He hath raised the dead from the graves, since He is God, and hath led captive the might of death and the power of Diabolus, and hath shed light on those who are in Hades.</p>	<p>لِنَمْدَحْ صَلِيبَ الرَّبِّ الْمُكْرَمِ، وَلِنُكْرِمَ بِالسَّابِيحِ دَفْنَهُ الْمُقَدَّسَ، وَلِنُجَدِّدْ قِيَامَتَهُ الْإِلَهِيَّةَ، لِأَنَّهُ أَقَامَ الْأَمْوَاتَ مِنَ الْقُبُورِ بِمَا أَنَّهُ إِلَهُ، وَسَبَى عِزَّةَ الْمَوْتِ، وَقُوَّةَ الْمَحَالِّ، وَأَشْرَقَ نُوراً لِلَّذِينَ فِي الْجَحِيمِ.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i></p> <p>Thou hast been called dead, O Lord, Who hast caused death to die. And Thou wast placed in a grave, O Thou Who hast emptied the grave. Above, the soldiers guarded the tomb, but below, Thou didst raise the dead who were from eternity. Wherefore, O Lord Almighty, the Incomprehensible, glory to Thee.</p>	<p>الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ.</p> <p>أَيُّهَا الرَّبُّ، لَقَدْ دُعِيتَ مَيِّتاً وَأَنْتَ قَدْ أَمَتَّ الْمَوْتِ، وَوَضِعْتَ فِي قَبْرِ وَأَنْتَ قَدْ أَفْرَعْتَ الْقُبُورَ. أَمَّا عَلَى الْأَرْضِ، فَإِنَّ الْجُنْدَ حَرَسُوا الْقَبْرَ، وَأَمَّا تَحْتَ، فَقَدْ أَقَمْتَ الْأَمْوَاتَ الَّذِينَ مِنْذُ الدُّهُورِ. فَيَا أَيُّهَا الرَّبُّ الْقَادِرُ عَلَى كُلِّ شَيْءٍ، الْمُمْتَنِعُ إِدْرَاكُهُ، الْمَجْدُ لَكَ.</p>
(For the after-feast)	(بَعْدَ الْعِيدِ)

<p><i>Both now and ever, and unto ages of ages. Amen.</i> Shout, O David, what God hath sworn to thee. Said he: All that He swore to me hath been fulfilled; for behold from the fruit of my belly hath He brought forth the Virgin, of whom was born Christ the Creator; the new Adam, a King upon my throne, Who reigneth today; He is the unshaken kingdom, since the barren one hath given birth to the Theotokos, nourisher of our lives.</p>	<p>الآن وكلّ أوانٍ وإلى دهرِ الداهرينَ. آمين. إِهْتَفِ يَا دَاوُدَ، مَاذَا حَلَفَ لَكَ اللهُ؟ قَالَ: "كُلُّ مَا حَلَفَ لِي عَلَيْهِ قَدْ أَتَمَّهُ. فَهَا إِنَّهُ مِنْ ثَمَرَةِ بَطْنِي قَدْ أَبْدَى الْبَتُولَ، الَّتِي مِنْهَا وُلِدَ الْمَسِيحُ الْخَالِقُ، آدَمُ الْجَدِيدُ، مَلِكًا عَلَى كُرْسِيِّي، فَيَمْلِكُ الْيَوْمَ. وَهُوَ نُو الْمُلْكِ غَيْرِ الْمُتَرَعِزِعِ. لِأَنَّ الْعَاقِرَ تَلِدُ وَالِدَةَ الْإِلَهِ الْمُغْدِيَةَ حَيَاتِنَا."</p>
<p>Second Kathisma</p>	<p>الكاسِما الثانية</p>
<p>After Thy third-day Resurrection and the worship of the Disciples, O Lord, Peter cried to Thee: The women made bold to Thee, but I cowered fearing; the thief did speak of Thy Divinity, and I denied Thee ungratefully. Wouldest Thou still, I wonder, call me Disciple, or make me a fisher of the deep? Nevertheless, O God, receive me, repentant, and save me.</p>	<p>بَعْدَ قِيَامَتِكَ فِي الْيَوْمِ الثَّالِثِ، يَا رَبُّ، وَسُجُودِ التَّلَامِيذِ، هَتَفَ بَطْرُسُ نَحْوَكَ: إِنَّ النِّسْوَةَ أَقَمْنَ مُجْتَرِنَاتٍ وَأَنَا أَحَجَمْتُ جُبْنًا. اللَّصُّ تَكَلَّمَ عَنِ لَاهوتِكَ وَأَنَا أَنْكَرْتِكَ. فَهَلْ تَدْعُونِي بَعْدُ تَلْمِيذًا، أَمْ تَعُودُ فَتَجْعَلُنِي صَيَّادًا فِي الْبَحْرِ؟ لَكِنْ ااقْبَلْنِي تَائِبًا اللَّهُمَّ وَخَلِّصْنِي.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> The transgressors of the law, O merciful Lord, nailed Thee between two thieves and stabbed Thy side with a spear. And Thou didst submit to burial, O Thou Who didst invade the gates of Hades, and didst rise in three days. Wherefore, the women hastened to behold Thee, and told the good tidings of Thy Resurrection to the Apostles, O Savior transcendent in height, and praised of angels. Wherefore, O blessed Lord, glory to Thee.</p>	<p>المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدُسِ. أَيُّهَا الرَّبُّ الرَّحِيمُ، إِنَّ الْمُتَعَدِّي الشَّرِيعَةَ قَدْ سَمَّرُوكَ فِيمَا بَيْنَ الْمُجْرِمِينَ، وَطَعَنُوا جَنْبَكَ بِحَرْبَةٍ، وَأَنْتَ قَبِلْتَ الدَّفْنَ يَا مَنْ حَلَّ أَبْوَابَ الْجَحِيمِ، وَقَامَ لِثَلَاثَةِ أَيَّامٍ. فَالْنِّسْوَةُ أَسْرَعْنَ لِيَنْظُرْتِكَ، وَبَشَّرْنَ الرُّسُلَ بِقِيَامَتِكَ أَيُّهَا الْمُخَلِّصُ الْفَائِقُ الْعُلُوقَ، الْمَسْبُوحُ مِنَ الْمَلَائِكَةِ. فَيَا أَيُّهَا الرَّبُّ الْمُبَارَكُ، المَجْدُ لَكَ.</p>
<p>(For the after-feast)</p>	<p>(بَعْدَ الْعِيدِ)</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> Verily, Mary, the Maiden of God is born for us today of the stem of Jesse and the loins of David; and all creation is renewed and deified. Wherefore, rejoice together, O heaven and earth; praise her, O ye families of the Gentiles; for Joachim doth rejoice, and Anna doth feast, crying out: The barren hath given birth to the</p>	<p>الآن وكلّ أوانٍ وإلى دهرِ الداهرينَ. آمين. إِنَّ مَرْيَمَ فَتَاةَ اللهِ، تُوَلِّدُ لَنَا الْيَوْمَ مِنْ أَصْلِ يَسَّى، وَمِنْ صُلْبِ دَاوُدَ، وَكُلُّ الْبَرَايَا تَتَجَدَّدُ وَتَتَأَلَّهُ. فَأَفْرَحَا مَعًا أَيُّهَا السَّمَاءُ وَالْأَرْضُ، وَسَبِّحِيهَا يَا قَبَائِلَ الْأُمَمِ. فَإِنَّ يُوَاكِيمَ يَبْتَهِجُ، وَحَنَّةٌ تُعِيدُ صَارِحَةً:</p>

Theotokos, the nourisher of our lives.	"الْعَاقِرُ تَلِدُ وَالِدَةَ الْإِلَهِ الْمُغْدِيَةَ حَيَاتِنَا."
EVLOGETARIA (BENEDICTIONS) IN TONE FIVE	إفلوجيطاريات بالحن الخامس
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroying the power of death, with Thee raising up Adam and releasing all men from Hell.</p>	<p>مُبَارِكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. جَمَعَ الْمَلَائِكَةُ انْدَهَلَ مُتَحِيرًا، عِنْدَ مُشَاهَدَتِهِمْ إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخْلِصُ، وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ، وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَةً.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.</p>	<p>مُبَارِكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. الْمَلَائِكَةُ اللَّامِعَةُ عِنْدَ الْقَبْرِ تَقَوَّهُ نَحْوَ حَامِلَاتِ الطَّيِّبِ قَائِلًا: لِمَ تَمْرُجْنَ الطُّيُوبَ بِالذَّمُوعِ، بِتَرْتِّبِ يَا تَلْمِيذَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَافْرَحْنَ، لِأَنَّ الْمُخْلِصَ قَدْ قَامَ مِنَ الْقَبْرِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.</p>	<p>مُبَارِكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. إِنَّ حَامِلَاتِ الطَّيِّبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَ بِهِنَّ، وَقَالَ لَهُنَّ: زَمَانُ النَّوْحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.</p>
<p><i>Blessed art Thou, O Lord; teach me Thy statutes.</i> The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.</p>	<p>مُبَارِكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. إِنَّ النِّسْوَةَ حَامِلَاتِ الطَّيِّبِ، وَافِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخْلِصُ. فَسَمِعْنَ مَلَكَامًا مُتَنَعِّمًا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟ فَبِمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.</p>
<p><i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.</p>	<p>الْمَجْدُ لِلآبِ، وَالْأَبْنِ، وَالرُّوحِ الْقُدُّوسِ. نَسْجُدُ لِلآبِ، وَالْأَبْنِ، وَلِرُوحِ قُدُّوسِهِ، ثَالِوثًا قُدُّوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُّوسٌ، قُدُّوسٌ، قُدُّوسٌ أَنْتَ يَا رَبُّ.</p>
<p><i>Both now and ever, and unto ages of ages. Amen.</i> In that thou didst bear the Giver of Life, O</p>	<p>الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. أَيُّهَا الْعَذْرَاءُ، لَقَدْ وَلدتِ مُعْطِيَ الْحَيَاةِ، وَأَنْقَدتِ</p>

<p>Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.</p>	<p>أَدَمَ مِنَ الْخَطِيئَةِ، وَمَنَحْتَ حَوَاءَ الْفَرْحَ عِوَضَ الْحُزْنِ، لَكِنَّ الْإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرَشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.</p>
<p>Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (<i>thrice</i>) O our God and our Hope, glory to Thee.</p>	<p>هَلِّلُوِيَا، هَلِّلُوِيَا، هَلِّلُوِيَا الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا) يَا إِلَهَنَا وَرَجَاءَنَا لَكَ الْمَجْدُ.</p>
<p>THE LITTLE LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى</p>
<p>Priest: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الكاهن: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا وَاحْفَظْنَا يَا اللَّهُ بِبِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمْنَا. الكاهن: بَعْدَ تِكْرِنَا الْكُلِّيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِيِّ. الجوق: لَكَ يَا رَبِّ. الكاهن: لِأَنَّ اسْمَكَ مُبَارَكٌ وَمُلْكَكَ مُمَجَّدٌ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.</p>
<p>FIFTH TONE RESURRECTIONAL HYPAKOE (Plain Reading)</p>	<p>إِيَّاكُوي الْقِيَامَةِ لِحْنِ الْخَامِسِ (قِرَاءَةٌ)</p>
<p>The minds of the ointment-bearing women were dazzled by the angelic scene, and their souls with the divine Resurrection. Wherefore, they spoke to the Apostles, saying: Declare in the nations the Resurrection of the Lord, Who worketh wonders with you, who bestoweth on us the Great Mercy.</p>	<p>إِنَّ حَامِلَاتِ الطِّيبِ دَهَشَتْ عُقُولَهُنَّ مِنَ الْمَنْظَرِ الْمَلَائِكِيِّ، وَاسْتَنَارَتْ نَفُوسُهُنَّ بِالْقِيَامَةِ، فَبَشَّرْنَ الرُّسُلَ قَائِلَاتٍ، إِنَّكَ قَدْ قُمْتَ بِمَا أَتَى إِلَهًا، مَانِحًا الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.</p>

FIFTH TONE RESURRECTIONAL ANABATHMOI (Plain Reading)	أَنَابِثْمِيَاتِ الْقِيَامَةِ لِلْحَنِ الْخَامِسِ (قِرَاءَةٌ)
First Antiphony	الْأَنْتِيفُونَا الْأُولَى
<p>+ O my Lord, I sing to Thee like David in my sorrow. Save my soul from the deceitful tongues.</p> <p>+ Verily, the life of the dwellers in the wilderness is a very happy one; for by divine passion are they ever carried up.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ By the Holy Spirit are all creations seen and unseen preserved, the control thereof being in Himself Who is without doubt one of the Trinity.</p>	<p>+ يَا مُخَلِّصِي أَرْتَلُ لَكَ دَاوُدِيًّا فِي حُزْنِي، فَتَجِّ نَفْسِي مِنَ الْأَلْسُنِ الْغَاشَّةِ.</p> <p>+ إِنَّ عَيْشَةَ أَهْلِ الْبَرَارِيِّ لَمَغْبُوطَةٌ جِدًّا، لِأَنَّهُمْ بِالْعِشْقِ الْإِلَهِيِّ يَتَطَايِرُونَ دَائِمًا.</p> <p>+ الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكَلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>+ بِالرُّوحِ الْقُدُسِ تُحْفَظُ كُلُّ الْبَرَارِيَا، الْمَنْظُورَةِ وَغَيْرِ الْمَنْظُورَةِ، لِأَنَّهُ ضَابِطٌ بِذَاتِهِ، إِذْ هُوَ أَحَدُ الثَّلَاثِ مِنْ غَيْرِ ارْتِيَابٍ.</p>
Second Antiphony	الْأَنْتِيفُونَا الثَّانِيَّةُ
<p>+ Come, my soul, let us ascend the mountain yonder, whence cometh thy help.</p> <p>+ O Christ, let Thy raised right hand encompass me, preserving me from all evil deceits.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p> <p>+ By the Holy Spirit do we speak divinely, saying, Verily, Thou art God, Life, Love, Light and Mind. Thou art goodness; Thou dost reign for ages.</p>	<p>+ هَلُمَّ أَيَّتُهَا النَّفْسُ لِنَرْتَقِ إِلَى الْجِبَالِ هُنَاكَ، مِنْ حَيْثُ تُوَفِّي إِلَيْكَ الْمَعُونَةُ.</p> <p>+ أَيُّهَا الْمَسِيحُ، فَلْتَحْطِنِي يَدَكَ الْيُمْنَى الْمُرْتَفِعَةَ، حَافِظَةً إِيَّايَ مِنْ جَمِيعِ الْغُشُوشِ الرَّدِيئَةِ.</p> <p>+ الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكَلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p> <p>+ بِالرُّوحِ الْقُدُسِ نَنْطُقُ لَاهُوتِيًّا قَائِلِينَ: أَنْتَ هُوَ إِلَهٌ وَحَيَاةٌ وَعِشْقٌ وَنُورٌ وَعَقْلٌ، أَنْتَ صَلاَحٌ، أَنْتَ مَالِكٌ إِلَى الْأَدْهَارِ.</p>
Third Antiphony	الْأَنْتِيفُونَا الثَّلَاثَةُ
<p>+ I have been filled with great joy by those who say to me: Let us go into the courts of the Lord. Verily, I have offered a constant prayer.</p> <p>+ In the house of David dread wonders take place; for there is a burning fire consuming every evil mind.</p> <p>+ <i>Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.</i></p>	<p>+ إِنِّي امْتَلَأْتُ فَرَحًا جَزِيلًا بِالْقَائِلِينَ لِي لِنَذْهَبَ إِلَى بِيَارِ الرَّبِّ، وَقَدَّمْتُ صَلَاةً بِلَا فُتُورٍ.</p> <p>+ فِي بَيْتِ دَاوُدَ تَكْمُلُ آيَاتٌ رَهيبَةٌ، لِأَنَّ هُنَاكَ نَارًا مُتَأَجِّجَةً تَلْهَبُ كُلَّ عَقْلٍ حَبِيثٍ.</p> <p>+ الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكَلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.</p>

<p>+ Verily, the Holy Spirit is the Element of life and its beginning; for through Him doth every living thing breathe; as is the Father and the Word.</p>	<p>+ إِنَّ الرُّوحَ الْقُدُسَ هُوَ عُنْصُرُ الْحَيَاةِ وَمَبْدَؤُهَا، لِأَنَّ مِنْهُ يَتَنَفَّسُ كُلُّ حَيٍّ، كَمَا هُوَ الْآبُ وَالْكَلِمَةُ مَعًا.</p>
<p>PROKEIMENON FOR THE RESURRECTION IN TONE FIVE</p>	<p>بروكيمنن للقيامة باللحن الخامس</p>
<p>Arise, O my Lord and my God, for Thou dost reign to the end of time. (<i>twice</i>) Stichos: To Thee do I confess, O Lord, from my whole heart. Arise, O my Lord and my God, for Thou dost reign to the end of time.</p>	<p>قُمْ يَا رَبِّي وَإِلَهِي، لِأَنَّكَ تَمَلُكُ إِلَى الْأَدْهَارِ. (مرتين) ستيخن: أَعْتَرِفُ لَكَ يَا رَبُّ مِنْ كُلِّ قَلْبِي. قُمْ يَا رَبِّي وَإِلَهِي، لِأَنَّكَ تَمَلُكُ إِلَى الْأَدْهَارِ.</p>
<p>Deacon: Let us pray to the Lord. Choir: Lord, have mercy. Priest: For Holy art Thou, O our God, Who retest in the Holy Place, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.</p>	<p>الشماس: إِلَى الرَّبِّ نَطْلُبُ. المرتل: يَا رَبُّ ارْحَمِ. الكاهن: لِأَنَّكَ قُدُوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِيسِينَ تَسْتَقِرُّ وَتَسْتَرِيحُ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ، وَالابْنُ، وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ.</p>
<p>Chanter: Amen. Let everything that hath breath praise the Lord. (<i>twice</i>) Praise ye God in His saints; praise Him in the firm foundation of His power. Let everything that hath breath praise the Lord.</p>	<p>المرتل: آمِينَ. كُلُّ نَسَمَةٍ، فَلْتَسَبِّحِ الرَّبَّ. (مرتين) سَبِّحُوا اللَّهَ فِي قَدِيسِيهِ، سَبِّحُوهُ فِي قَلْبِكِ قُوَّتِهِ. فَلْتَسَبِّحِ الرَّبَّ، كُلُّ نَسَمَةٍ.</p>
<p>THE THIRD EOTHINON GOSPEL</p>	<p>إنجيل الإيوثينا الثالثة</p>
<p>Deacon: And that we may be accounted worthy to hear the Holy Gospel, let us beseech the Lord our God. Choir: Lord, have mercy. (<i>thrice</i>) Deacon: Wisdom! Stand upright! Let us hear the Holy Gospel. Priest: Peace be to all. Choir: And to thy spirit. Priest: The Reading from the Holy Gospel according to Saint Mark. (16:9-20) Choir: Glory to Thee, O Lord, glory to Thee.</p>	<p>الشماس: مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحِقِّينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ. المرتل: يَا رَبُّ ارْحَمِ. (ثلاثاً) الشماس: الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلَ الْمُقَدَّسَ. الكاهن: السَّلَامُ لِجَمِيعِكُمْ. المرتل: وَلِرُوحِكَ. الكاهن: فَضْلٌ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَرْقُسِ الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ. المرتل: الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ.</p>

<p>Deacon: Let us attend!</p> <p>Priest: When Jesus rose early on the first day of the week, He appeared first to Mary Magdalene, from whom He had cast out seven demons. She went and told those who had been with Him, as they mourned and wept. But when they heard that He was alive and had been seen by her, they would not believe it. After this He appeared in another form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them. Afterward, He appeared to the eleven themselves as they sat at table; and He upbraided them for their unbelief and hardness of heart, because they had not believed those who saw Him after He had risen. And He said to them, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in My Name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord, after He had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, the Lord working with them, and confirming the word by the signs that attended it. Amen.</p>	<p>الشماس: لِنُصِغْ!</p> <p>الكاهن: بَعْدَ مَا قَامَ يَسُوعُ بَاكِرًا فِي أَوَّلِ الْأُسْبُوعِ، تَرَأَى أَوَّلًا لِمَرْيَمَ الْمَجْدَلِيَّةِ الَّتِي كَانَتْ قَدْ أَخْرَجَ مِنْهَا سَبْعَةَ شَيَاطِينٍ. فَانطَلَقَتْ هِيَ وَأَخْبَرَتِ الَّذِينَ كَانُوا مَعَهُ وَهُمْ يَبْكُونَ وَيَبْكُونَ. وَهُمْ إِذْ سَمِعُوا بِأَنَّهُ حَيٌّ، وَأَنَّهَا أَبْصَرَتْهُ، لَمْ يُصَدِّقُوا. وَبَعْدَ ذَلِكَ تَرَأَى لِإِثْنَيْنِ مِنْهُمْ وَهُمَا يَسِيرَانِ مُنطَلِقَيْنِ إِلَى حَقْلِ. فَذَهَبَ هَذَانِ وَأَخْبَرَا الْبَاقِينَ فَلَمْ يُصَدِّقُوا وَلَا هَدَيْنِ. أَخِيرًا تَرَأَى لِلْأَحَدِ عَشَرَ وَهُمْ مُتَّكِنُونَ، وَبَكَتَهُمْ لِعَدَمِ إِيمَانِهِمْ وَقَسَاوَةِ قُلُوبِهِمْ، لِأَنَّهُمْ لَمْ يُصَدِّقُوا الَّذِينَ رَأَوْهُ قَدْ قَامَ. وَقَالَ لَهُمْ: اذْهَبُوا إِلَى الْعَالَمِ أَجْمَعِ، وَاكْرِزُوا بِالْإِنْجِيلِ لِلْخَلِيقَةِ كُلِّهَا، فَمَنْ آمَنَ وَعَاتَمَدَ يَخْلُصُ وَمَنْ لَمْ يُؤْمِنْ يُدَانَ. وَهَذِهِ الْآيَاتُ تَتَّبَعُ الْمُؤْمِنِينَ: يُخْرِجُونَ الشَّيَاطِينَ بِاسْمِي وَيَتَكَلَّمُونَ بِالسِّنَةِ الْجَدِيدَةِ، وَيَحْمِلُونَ الْحَيَّاتِ، وَإِنْ شَرِبُوا شَيْئًا مُمِيتًا فَلَا يَضُرُّهُمْ، وَيَضَعُونَ أَيْدِيَهُمْ عَلَى الْمَرْضَى فَيَتَعَفَوْنَ. وَمِنْ بَعْدِ مَا كَلَّمَهُمُ الرَّبُّ، ارْتَفَعَ إِلَى السَّمَاءِ وَجَلَسَ عَنْ يَمِينِ اللَّهِ. فَخَرَجَ أَوْلَايَاكُمْ وَكْرَزُوا فِي كُلِّ مَكَانٍ، وَكَانَ الرَّبُّ يَعْمَلُ مَعَهُمْ، وَيُثَبِّتُ الْكَلَامَ بِالْآيَاتِ الَّتِي كَانَتْ تُقَارِنُهُ. آمِينَ.</p>
<p>Choir: Glory to Thee, O Lord, glory to Thee.</p>	<p>المرتل: الْمَجْدُ لَكَ يَا رَبُّ الْمَجْدُ لَكَ.</p>
<p>Reader: In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed</p>	<p>القارئ: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْنَسْجُدْ لِلرَّبِّ الْقُدُّوسِ، يَسُوعَ الْمَعْصُومِ مِنَ الْخَطَا وَحْدَهُ. لِصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ الْمُقَدَّسَةِ نُسَبِّحُ وَنُجَدِّدُ، لِأَنَّكَ أَنْتَ هُوَ إِلَهُنَا وَآخِرَ سَوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا مَعْشَرَ الْمُؤْمِنِينَ نَسْجُدْ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ، لِأَنَّ هُوَذَا بِالصَّلِيبِ قَدْ أَتَى الْفَرَحُ لِكُلِّ الْعَالَمِ. لِنُبَارِكِ الرَّبَّ فِي كُلِّ حِينٍ وَنُسَبِّحُ قِيَامَتَهُ، لِأَنَّهُ إِذْ احْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالْمَوْتِ</p>

death by death.	حَطَّم.
PSALM 50	المزمور ٥٠
Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.	ارْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ امْحُ مَاثِمِي.
Wash me thoroughly from mine iniquity, and cleanse me from my sin.	اغْسِلْنِي كَثِيرًا مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.
For I know mine iniquity, and my sin is ever before me.	لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.
Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.	إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرُّ قُدَّامَكَ صَنَعْتُ، لَكِي تَصْدُقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.
For behold, I was conceived in iniquities, and in sins did my mother bear me.	هَاءَ نَذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي أُمِّي.
For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.	لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.
Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.	تَنْضَحُنِي بِالزُّوفَى فَأَطْهُرُ، تَغْسِلُنِي فَأَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ.
Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.	تُسْمِعُنِي بِهَجَّةٍ وَسُرُورًا، فَتَبْتَهِجُ عِظَامِي الذَّلِيلَةَ.
Turn Thy face away from my sins, and blot out all mine iniquities.	اصْرِفْ وَجْهَكَ عَنِ خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.
Create in me a clean heart, O God, and renew a right spirit within me.	قَلْبًا نَقِيًّا اخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ فِي أَحْشَائِي.
Cast me not away from Thy presence, and take not Thy Holy Spirit from me.	لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي.
Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.	امْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِيٍّ اغْضُدْنِي.
I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.	فَأَعْلَمُ الْأَثَمَةَ طُرُقَكَ، وَالْكَافِرَةَ إِلَيْكَ يَرْجِعُونَ.
Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.	أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَدْلِكَ.
O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.	يَا رَبُّ افْتَحْ شَفْتَيَّ، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.

For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.	لَأَنَّكَ لَوْ آثَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي، لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ.
A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.	الذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَحِقٌ، الْقَلْبُ الْمُتَخَشِّعُ وَالْمُتَوَاضِعُ لَا يَزْدُلُّهُ اللَّهُ.
Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.	أُصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونَ وَلِئْتَبْنَ أَسْوَارُ أُورُشَلِيمَ.
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.	حِينَئِذٍ تُسَرُّ بِذَّبِيحَةِ الْعَدْلِ قُرْبَاناً وَمُحْرَقَاتِ.
Then shall they offer bullocks upon Thine altar.	حِينَئِذٍ يُقَرِّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.
TROPARIA AFTER PSALM 50 IN TONE TWO	طَرُوبَارِيَّاتٍ بِاللَّحْنِ الثَّانِي
<i>Glory to the Father, and to the Son, and to the Holy Spirit.</i> Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.	الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ. بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا الْإِلَهُ الرَّحِيمُ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.
<i>Both now and ever, and unto ages of ages. Amen.</i> Through the intercessions of the Theotokos, O Thou Who art merciful, blot out the multitude of our transgressions.	الْآنَ وَكَلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ. بِشَفَاعَاتِ الْوِدَّةِ الْإِلَهُ وَطَلِبَاتِهَا، أَيُّهَا الْإِلَهُ الرَّحِيمُ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَّاتِنَا.
<i>Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions.</i> Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.	يَا رَحِيمُ، ارْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَاتِكَ امْحُ مَاثِمِي. لَقَدْ قَامَ يَسُوعٌ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنْحَنَا الْحَيَاةَ الْأَبَدِيَّةَ، وَالرَّحْمَةَ الْعُظْمَى.
THE INTERCESSION	طَلِبَةُ الشَّفَاعَةِ
Deacon: O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-virgin Mary—whose Nativity we now celebrate—by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of	الشماس: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَأْفَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الْأَرْتُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مِرَاحِمَكَ الْغَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا وَالْوِدَّةِ الْإِلَهُ الْكَلِّيَّةِ الطَّهَارَةِ وَالدَّائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ—الَّتِي نَقِيمُ تَذْكَارَ مَوْلِدِهَا الْمُقَدَّسِ—وَبِقُوَّةِ الصَّلِيبِ الْكَرِيمِ الْمُحْيِي؛ وَبِطَلِبَاتِ القُوَّاتِ السَّمَاوِيَّةِ الْمُكْرَّمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ

the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life, especially Paisios of Athos; of *Saint N., the patron and protector of this holy community*; of the holy and righteous ancestors of God, Joachim and Anna; of the Martyrs **Menodora, Metrodora and Nymphodora of Bithynia; Empress Pulcheria; and Peter, bishop of Nicaea**, whose memory we celebrate today, and of all the saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.

الكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانِ؛ وَالْقَدِيسَيْنِ الْمَشْرِفَيْنِ الرَّسُولَيْنِ بُطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمَشْرِفَيْنِ الْجَدِيرَيْنِ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا الْقَدِيسِينَ مُعَلِّمِي الْمَسْكُونَةِ، رُؤْسَاءِ الْكَهَنَةِ الْمُعْظَمِينَ بِاسِيلْيُوسَ الْكَبِيرِ، وَغَرِيغُورِيُوسَ الْلَاهُوتِي، وَيُوْحَنَّا الذَّهَبِيِّ الْقَمِّ؛ وَأَبَائِنَا الْقَدِيسِينَ أَنْتَاسِيُوسَ وَكِيرْلُسَ وَيُوْحَنَّا الرَّحِيمِ بَطَارِكَةَ الْإِسْكَنْدَرِيَّةِ؛ وَأَبِينَا الْقَدِيسِ نِيْقُولَاوَسَ رَنْسِيسَ أَسَاقِفَةَ مِيرَا الْلِيكِيَّةِ، وَأَسْبِيرِيدُونَ أَسْقَفِ ثْرِيمِيْثُوسَ، وَنِكْتَارِيُوسَ أَسْقَفِ الْمُدْنِ الْحَمْسِ الْعَجَائِبِيِّينَ، وَأَبِينَا الْقَدِيسِ تِيخُونِ بَطْرِيْرِكِ مُوسْكُو، وَالْقَدِيسِ رَافَائِيلِ أَسْقَفِ بَرُوكْلِينِ؛ وَالْقَدِيسِينَ الْمَجِيدِيْنَ الشُّهَدَاءِ الْعُظْمَاءِ جَاوْرَجِيُوسَ الْلَابِسِ الظَّفْرِ، وَدِيمِيْتْرِيُوسَ الْمُفِيضِ الطَّيْبِ، وَثِيُودُورُسَ التِّيْرُونِي، وَثِيُودُورُسَ قَائِدِ الْجَيْشِ، وَمِينَاسَ الصَّانِعِ الْعَجَائِبِ؛ وَالْقَدِيسِينَ الشُّهَدَاءِ إِغْنَاطِيُوسَ الْمُتَوَشِّحِ بِاللَّهِ، خَرَالْمُبُوسَ وَالْفَنِّيْرِيُوسَ؛ وَالشُّهَدَاتِ الْعَظِيمَاتِ نَقْلًا، بَرَبَارَةَ، أَنْسْطَاسِيَا، كَاتْرِينَا، كِيرِيَاكِي، فُوتِينِي، مَارِينَا، بَارَاسَكِيْفَا، وَأَيْرِينِ؛ وَالْقَدِيسِينَ الْمَجِيدِيْنَ الشُّهَدَاءِ الْمُتَأَلِّقِيْنَ بِالظَّفْرِ؛ وَأَبَائِنَا الْأَبْرَارِ الْمُتَوَشِّحِيْنَ بِاللَّهِ؛ وَخَاصَّةً الْقَدِيسِ بَايْسِيُوسَ الْأَنْوَسِي، وَالْقَدِيسِ (فَلَانِ) شَفِيْعِ هَذِهِ الْكَنِيسَةِ الْمُقَدَّسَةِ؛ وَالْقَدِيسِيْنَ الصَّادِقِيْنَ جَدِّي الْمَسِيْحِ الْإِلَهِ يُوَاكِيْمَ وَحَنَّةً؛ وَالشُّهَدَاتِ مِينُودُورَةَ وَمِتْرُودُورَةَ وَنَمْفُودُورَةَ، وَبُطْرُسَ أَسْقَفِ نِيْقِيَا، الَّذِينَ نُقِيْمُ تَذْكَارَهُمُ الْيَوْمَ، وَجَمِيْعِ قَدِيسِيْكَ، نَتَضَرَّعُ إِلَيْكَ أَيُّهَا الرَّبُّ الْجَزِيْلُ الرَّحْمَةِ، فَاسْتَجِبْ لَنَا نَحْنُ الْخَطَاةَ الطَّالِبِيْنَ إِلَيْكَ وَارْحَمْنَا.

Choir: Lord, have mercy. (*twelve times*)

المرتل: يَا رَبُّ ارْحَمْ. (12 مرات)

Priest: Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.

الكَاهِنُ: بِرَحْمَةِ وَرَأْفَاتِ ابْنِكَ الْوَحِيدِ وَمَحَبَّتِهِ لِلْبَشَرِ، الَّذِي أَنْتَ مُبَارَكٌ مَعَهُ وَمَعَ رُوحِكَ الْكَلْبِيِّ قُدْسُهُ الصَّالِحِ وَالْمُحْيِي، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

<p>Choir: Amen.</p>	<p>المرتل: آمين.</p>
<p>FIFTH TONE RESURRECTIONAL KONTAKION AND OIKOS (Plain Reading)</p>	<p>القِنداق واليَّيت للقيامة لحن الخامس (قراءة)</p>
<p>In Thy condescension, Thou didst descend into Hades, O my Savior, and having broken the gates since Thou art omnipotent, as Creator Thou didst raise up the dead together with Thyself. And Thou didst break the sting of death, O Christ, and didst deliver Adam from the curse, O Lover of mankind. Wherefore, we all cry unto Thee: Save us, O Lord.</p>	<p>لَقَدْ انْحَدَرْتَ إِلَى الْجَحِيمِ أَيُّهَا الْمَسِيحُ مُخَلِّصِي، الْمُحِبُّ الْبَشَرِ، وَسَحَقْتَ أَبْوَابَهُ كَقَدِيرٍ، وَبَعَثْتَ مَعَكَ الْأَمْوَاتَ كَخَالِقِي، وَحَطَّمْتَ شَوْكَةَ الْمَوْتِ، وَأَنْقَذْتَ آدَمَ مِنَ اللَّعْنَةِ. فَلِذَلِكَ نَصْرُخُ إِلَيْكَ كُلُّنَا: خَلِّصْنَا يَا رَبِّ.</p>
<p>When the women heard the angel's words, they cast off their lamentation and were filled with joy, and while trembling they beheld the Resurrection. And behold, Christ drew nigh to them, saying: Rejoice. Be of good cheer; I have overcome the world and have rescued them that were in bonds. Hasten, therefore, to the disciples, and tell them that I go My way before you into Galilee to preach. Wherefore, we all cry unto Thee: Save us, O Lord.</p>	<p>لَمَّا سَمِعَتِ النِّسْوَةَ كَلَامَ الْمَلَائِكَةِ، نَزَعْنَ النَّوْحَ وَشَمَلَهُنَّ الْفَرْحُ، وَأَبْصَرْنَ الْقِيَامَةَ مُرْتَعِدَاتٍ. وَإِذَا بِالْمَسِيحِ قَدْ دَنَا مِنْهُنَّ يَقُولُ: "افْرَحْنَ وَثِقْنَ، فَإِنِّي قَدْ غَلَبْتُ الْعَالَمَ، وَأَعْتَقْتُ الْمَأْسُورِينَ. فَاسْرِعْنَ إِلَى التَّلَامِيذِ مُجِدَّاتٍ، وَأَخْبِرْنَهُمْ إِنِّي أَسْبِقُهُمْ إِلَى مَدِينَةِ الْجَلِيلِ لِلْكِرَاةِ." فَلِذَلِكَ نَصْرُخُ إِلَيْكَ كُلُّنَا: خَلِّصْنَا يَا رَبِّ.</p>
<p>THE SYNAXARION (Plain Reading)</p>	<p>السِّنْكَسَار (قراءة)</p>
<p>On September 10 in the Holy Orthodox Church, we continue to celebrate the Nativity of the Theotokos; and we commemorate the Martyrs Menodora, Metrodora and Nymphodora of Bithynia.</p> <p style="text-align: center;"><i>Verses</i></p> <p style="text-align: center;">Menodora, Metrodora, and Nymphodora, The Lord's adorers, are now adorned in the Heavens. On the tenth, the three namesakes of gifts were struck to death.</p> <p>These sisters grew up in the Faith in Asian Bithynia. They withdrew to the wilderness and dedicated themselves to great labor, fasting and prayer. God adorned them with the gift of miracle-working. A certain governor, Fronton, called for them. Although they were great fasters and their bodies were withered, their faces were radiant, illumined by inward peace and the grace of God. He ordered that Menodora be tortured first. Fronton called out to Menodora, who was wounded and bloody: "Offer sacrifice to the gods!" To this the holy martyr replied: "Do you not see that I am offering my entire self as a sacrifice to my God?" When Menodora gave up her spirit, the governor brought out her two sisters, and stood them by the body of Menodora, where he counseled them to deny Christ. Since they remained steadfast, he slew them by harsh tortures. Just then, a thunderbolt struck from heaven, and killed the soulless Fronton and his servants. The sisters suffered in the fourth century and found rest in the Kingdom of Christ.</p> <p>On this day, we also commemorate the Empress Pulcheria; and Peter, bishop of Nicaea. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.</p>	

<p align="center">THE KATAVASIAE OF THE HOLY CROSS CANON IN TONE EIGHT</p>	<p align="center">كَطَافَاسِيَاةِ الصَّلِيبِ الْمُقَدَّسِ بِاللَّحْنِ الثَّامِنِ</p>
<p>Ode 1. A cross did Moses inscribe, when with an upright stroke of his rod he divided the Red Sea for Israel, who went on foot; then he turned and smote the sea, once again uniting it o'er Pharaoh's chariots, with transverse stroke portraying the invincible weapon. Wherefore, let us praise in song Christ our God; for He truly is glorified.</p>	<p>(الأولى) إِنَّ مُوسَى لَمَّا رَسَمَ الصَّلِيبَ، ضَرَبَ بِالْعَصَا مُسْتَوِيَةً فَشَقَّ الْبَحْرَ الْأَحْمَرَ، وَأَجَازَ إِسْرَائِيلَ مَاشِيًا. وَلَمَّا ضَرَبَهُ مُخَالِفًا، ضَمَّهُ عَلَى فِرْعَوْنَ وَمَرْكَبَاتِهِ، مُمَثِّلًا بِصِرَاحَةِ السِّلَاحِ غَيْرِ الْمَقْهُورِ. لِذَلِكَ نُسَبِّحُ الْمَسِيحَ إِلَهَنَا لِأَنَّهُ قَدْ تَمَجَّدَ.</p>
<p>Ode 3. The rod is perceived as a figure of the Mystery, for by its blossoming it showed who was chosen to be priest. And for the Church that formerly was barren hath the Wood of the Cross now blossomed forth unto strength and steadfastness.</p>	<p>(الثالثة) إِنَّ الْعَصَا تُؤَخِّذُ لِرَسْمِ السِّرِّ، لِأَنَّهَا بِنَقْرُعِهَا تُشِيرُ إِلَى الْكَاهِنِ. أَمَّا الْآنَ فَقَدْ أَزْهَرَ عَوْدُ الصَّلِيبِ لِلْكَنِيسَةِ الْعَاقِرِ قَبْلًا عِزَّةً وَثَبَاتًا.</p>
<p>Ode 4. I have hearkened and heard, O Lord, of Thy dispensation's most awesome mystery; and I came to knowledge of Thy works, and I sang the praise of Thy Divinity.</p>	<p>(الرابعة) يَا رَبُّ، إِنِّي سَمِعْتُ بِسِرِّ تَنْبِيرِكَ وَتَأَمَّلْتُ أَعْمَالَكَ، فَمَجَّدْتُ لَاهُوتَكَ.</p>
<p>Ode 5. O Tree divine and thrice-blessed, whereon Christ God was outstretched, though He is King and Lord of all: He who once had through the tree wrought wicked beguilement, fell himself because of thee, ensnared when God was nailed unto thee in our mortal flesh, He Who granteth peace unto our souls.</p>	<p>(الخامسة) يَا لَكَ مِنْ عَوْدٍ مُثَلَّثِ الْغِبْطَةِ، عَلَيْهِ بُسِطَ الْمَسِيحُ الرَّبُّ الْمَلِكُ، وَبِهِ سَقَطَ الَّذِي خَدَعَ بِالْعَوْدِ إِذْ خُدِعَ بِكَ، بِالْإِلَهِ الَّذِي سُمِّرَ عَلَيْكَ بِالْجَسَدِ، الْمَانِحِ السَّلَامَ لِنُفُوسِنَا.</p>
<p>Ode 6. When Jonah, who was in the belly of the sea monster, stretched forth his hands in the form of a cross, he prefigured the saving Passion manifestly. Hence also, when he came forth on the third day, he indicated the supernal Resurrection of Christ God, Who was crucified in the flesh and enlightened the world by His Arising on the third day.</p>	<p>(السادسة) إِنَّ يُونَانَ لَمَّا كَانَ فِي جَوْفِ الْحَوْتِ الْبَحْرِيِّ، وَبَسِطَ يَدَيْهِ بِشَكْلِ صَلِيبٍ، سَبَقَ فَرَسَمَ الْأَلَامَ الْخَلَاصِيَّةَ بِوُضُوحٍ. وَلَمَّا خَرَجَ فِي الْيَوْمِ الثَّلَاثِ، مَثَّلَ الْقِيَامَةَ الْفَائِقَةَ الْعَالَمِ، الَّتِي لِلْمَسِيحِ الْإِلَهِ الْمُسَمَّرِ بِالْجَسَدِ، وَالْمُنِيرِ الْعَالَمَ بِالْقِيَامَةِ ذَاتِ الثَّلَاثَةِ الْأَيَّامِ.</p>
<p>Ode 7. The ungodly tyrant's most insensate decree affrighted common folk, breathing forth with threats and wicked mouthings of blasphemy. But the Three Children were not struck with fear by rage wild and bestial, nor by roaring fire; but in an echoing and dew-besprinkling breeze, they stood amidst the fire</p>	<p>(السابعة) إِنَّ أَمْرَ الْمُغْتَصِبِ الْمُحْدِ الَّذِي لَا تَعْقَلُ فِيهِ، قَدْ رَلَزَلَ الشُّعُوبَ، إِذْ كَانَ يَقْدِفُ تَهْدِيدًا وَافْتِرَاءً مَمْقُوتًا مِنَ اللَّهِ. إِلَّا أَنَّ الْفَتِيَّةَ الثَّلَاثَةَ لَمْ يَرْعُهُمُ الْعَضْبُ الْوَحْشِيُّ وَلَا النَّارُ الْآكِلَةُ. لَكِنَّهُمْ إِذْ كَانُوا</p>

and sang: O Thou supremely praised God of our Fathers and our God, forever art Thou blessed.	مَعَا فِي النَّارِ النَّاسِمَةِ فِيهَا رِيحٌ نَدِيَّةٌ، كَانُوا يُرْتَلُونَ: أَيُّهَا الْفَائِقُ النَّسْبِيحِ، مُبَارَكٌ أَنْتَ يَا إِلَهَ آبَائِنَا.
<i>We praise, we bless, and we worship the Lord.</i> Ode 8. O ye Children, equal in number to the Trinity, bless ye God the Father and Creator; praise ye the Word, Who descended and changed the fire into dew; and supremely exalt the All-holy Spirit, Who granteth life unto all forever.	نُسَبِّحُ وَنُبَارِكُ وَنَسُجُدُ لِلرَّبِّ. (الثامنة) أَيُّهَا الْفَتِيَّةُ الْمُسَاوُونَ عَدَدَ الثَّلَاثِ، بَارَكُوا الْآبَ الْإِلَهَ الْخَالِقَ، وَسَبَّحُوا الْكَلِمَةَ الَّذِي تَنَازَلَ وَحَوَّلَ النَّارَ إِلَى نَدَى. وَزِيدُوا رِفْعَةَ الرُّوحِ الْكَلِيِّ فُدُّسُهُ، الْمَانِحَ الْحَيَاةَ لِجَمِيعِ عَلَى مَدَى الدَّهْرِ.
Deacon: The Theotokos and Mother of the Light let us honor and magnify in song.	الشَّمْسُ: لَوَالِدَةِ الْإِلَهِ وَأَمِّ النُّورِ بِالتَّسَابِيحِ نَكْرَمُ مُعْظَمِينَ.
MAGNIFICATIONS IN TONE EIGHT	تَعْظِيمَاتُ بِالْحَنِ الثَّامِنِ
My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. Refrain: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption didst bear God the Word, and art truly Theotokos, we magnify thee.	تُعْظِمُ نَفْسِي الرَّبِّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخَلَّصِي. الْلازِمَةُ: يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْدًا بِغَيْرِ قِيَاسٍ مِنَ السَّرَافِيمِ، الَّتِي مِنْ دُونِ فَسَادٍ وَلَدَتْ كَلِمَةَ اللَّهِ، حَقًّا أَنْكَ وَالِدَةُ الْإِلَهِ إِيَّاكَ نُعْظِمُ.
For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. (<i>Refrain</i>)	لَأَنَّه نَظَرَ إِلَى تَوَاضُعِ أُمَّتِهِ، فَهَا مُنْذُ الْآنَ تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ. (اللازمة)
For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. (<i>Refrain</i>)	لَأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمُهُ، وَرَحْمَتُهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. (اللازمة)
He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. (<i>Refrain</i>)	صَنَعَ عِزًّا بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِذَهْنِ قُلُوبِهِمْ. (اللازمة)
He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. (<i>Refrain</i>)	حَطَّ الْمُقْتَدِرِينَ عَنِ الْكِرَاسِيِّ وَرَفَعَ الْمُتَوَاضِعِينَ، مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ فَارِغِينَ. (اللازمة)
He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. (<i>Refrain</i>)	عَضَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكَرَ رَحْمَتَهُ، كَمَا قَالَ لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. (اللازمة)

<p>Ode 9. O Theotokos, thou art a mystical paradise, which being untilled hath blossomed forth Christ, by Whom the life-bringing Tree of the Cross was planted in the earth. In worshipping Him now through its elevation, thee do we magnify.</p>	<p>(التاسعة) يا والدَةَ الإله، أَنْتِ الْفِرْدَوْسُ السِّرِّي، إِذْ أَنْبَتِ الْمَسِيحَ بَغَيْرِ فَلَاحَةٍ، الَّذِي مِنْهُ نُصِبَتْ فِي الْأَرْضِ شَجَرَةُ الصَّلِيبِ الْحَامِلَةُ الْحَيَاةِ. فَالآنَ إِذْ نَسْجُدُ لَهُ مَرْفُوعاً، لَكَ نَعْظَمُ.</p>
<p>THE LITTLE LITANY</p>	<p>الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى</p>
<p>Deacon: Again and again, in peace, let us pray to the Lord. Choir: Lord, have mercy. Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace. Choir: Lord, have mercy. Deacon: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God. Choir: To Thee, O Lord. Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Choir: Amen.</p>	<p>الشماس: أَيضاً وَأَيضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ. الجوق: يَا رَبُّ ارْحَمِ. الشماس: أَعْضُدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ. الجوق: يَا رَبُّ ارْحَمِ. الشماس: بَعْدَ ذِكْرِنَا الْكُلِّيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ. الجوق: لَكَ يَا رَبِّ. الكاهن: لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَاتِ السَّمَاوَاتِ، وَلَكَ يُرْسِلُونَ الْمَجْدَ أَيُّهَا الْأَبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلُّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. الجوق: آمِينَ.</p>
<p>Holy is the Lord our God. (<i>thrice</i>) Exalt ye the Lord our God, and worship at His footstool, for He is holy.</p>	<p>قُدُّوسٌ هُوَ الرَّبُّ الْهَنَا. (ثَلَاثًا) إِرْفَعُوا الرَّبَّ الْهَنَا، وَاسْجُدُوا لِمَوْطِي قَدَمِيهِ، لِأَنَّ الرَّبَّ الْهَنَا قُدُّوسٌ هُوَ.</p>
<p>THE THIRD EOTHINON EXAPOSTELARION IN TONE TWO (**<i>Upon that mount in Galilee</i> **)</p>	<p>إِكْسَابُوسْتِيلَارِي الْإِيوثِينَا الثَّلَاثَةُ بِاللَّحْنِ الثَّانِي</p>
<p>Let no man ever disbelieve * that Christ is truly risen; * for unto Mary He appeared, * and later others saw Him * as they went into the country; * again to the eleven * seated disciples, He appeared, * whom He sent forth to baptize; * then, taken up * to the Heavens, whence before He descended, * He thence confirmed the word they preached * by multitudes of wonders.</p>	<p>إِنَّ الْمَسِيحَ قَدْ قَامَ نَاهِضاً، فَلَا أَحَدٌ يُشَكِّكَ مُرْتَاباً، لِأَنَّهُ ظَهَرَ لِمَرْيَمَ، وَبَعْدَ ذَلِكَ شُوهِدَ مِنَ الْمَاضِينَ إِلَى الصَّيْدِ. ثُمَّ ظَهَرَ لِمُسَارِيهِ الْأَحَدَ عَشَرَ وَهُمْ مُتَكُونُونَ، الَّذِينَ أَرْسَلَهُمْ لِيُعَمِّدُوا. وَصَعِدَ إِلَى السَّمَاوَاتِ مِنْ حَيْثُ انْحَدَرَ مُثَبِّتاً الْكِرَاةَ بِكَثْرَةِ الْآيَاتِ.</p>

<p align="center">THE EXAPOSTELARION FOR NATIVITY OF THE THEOTOKOS IN TONE TWO (**Hearken, ye women**)</p>	<p align="center">إِكْسَابُوسْتِيلَارِي مِيلَادِ وَالِدَةِ الْإِلَهِ بِاللَّحْنِ الثَّانِي</p>
<p>O Adam, be made new again; * our mother Eve, be magnified; * ye Prophets with the Apostles, * dance in delight with the righteous. * Today the world is filled with joy * common to Angels and to men: * From chaste and righteous Joachim * and godly Anna is born now * the Theotokos and Virgin.</p>	<p>تَجَدَّدَ أَيَا آدَمُ، * وَيَا حَوًّا تَعَظَّمِي، * وَيَا أَنْبِيَاءَ سُرُّوا * مَعَ الصِّدِّيقِينَ وَالرُّسُلِ. * أَلْفَرَحُ مُشْتَرَكٌ * بَيْنَ الْمَلَائِكِ وَالنَّاسِ، * فَإِنَّ وَالِدَةَ الْإِلَهِ * تُوَلَّدُ مِنَ الصِّدِّيقِينَ * أَعْنِي يُوَاكِيمَ وَحَنَّةَ.</p>
<p align="center">AINOI (PRAISES) IN TONE FIVE</p>	<p align="center">الْإِينُوسُ بِاللَّحْنِ الْخَامِسِ</p>
<p>Let everything that hath breath praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God is due our song.</p>	<p>كُلُّ نَسَمَةٍ فَلْتُسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p>
<p>Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.</p>	<p>سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.</p>
<p align="center">For the Resurrection in Tone Five</p>	<p align="center">لِلْقِيَامَةِ بِاللَّحْنِ الْخَامِسِ</p>
<p><i>Verse 1. This glory shall be to all His saints.</i> The grave, O Lord, having been sealed by the transgressors of the law, Thou didst emerge from within like as Thou wast born of the Theotokos; for the incorporeal angels did not know how Thou wert incarnate. Likewise, the guardian soldiers were not aware when Thou didst rise; for these two matters were concealed from all seekers. But the wonders appeared to those who worshipped the mystery in faith. Therefore, grant us, who offer praise, joy and Great Mercy.</p>	<p>اسْتِيخْنَ ١ . هَذَا الْمَجْدُ يَكُونُ لِجَمِيعِ أَنْبِرَارِهِ. أَيُّهَا الرَّبُّ، إِنَّ الْقَبْرَ لَمَّا كَانَ مَخْتُومًا مِنْ عَابِرِي النَّامُوسِ، بَرَزْتَ مِنْهُ كَمَا وُلِدْتَ مِنَ الْوَالِدَةِ الْإِلَهِ. وَكَمَا مَلَائِكَتُكَ غَيْرُ الْمُتَجَسِّمِينَ لَمْ يَعْلَمُوا كَيْفَ تَجَسَّدْتَ، هَكَذَا الْأَجْنَادُ الْحَارِسُونَ إِيَّاكَ، لَمْ يَشْعُرُوا مَتَى قُمْتَ نَاهِيضًا. لِأَنَّ هَذَيْنِ الْأَمْرَيْنِ قَدْ أُغْلِقَا عَنِ الْبَاحِثِينَ. إِلَّا أَنَّ الْعَجَائِبَ ظَهَرَتْ لِلْسَّاجِدِينَ لِلْسِّرِّ بِإِيمَانٍ. فَاْمُنَّحْنَا نَحْنُ الْمُسَبِّحِينَ لَهُ الْإِبْتِهَاجَ وَالرَّحْمَةَ الْعَظْمَى.</p>
<p><i>Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.</i> O Lord, Thou hast demolished the everlasting gates and broken asunder the chains. Thou didst rise from the tomb, leaving behind Thy wrappings and ointments in the grave, in testimony of Thy true three-day Burial, and didst go before into Galilee, O Thou Who wert kept in a cave. Great, therefore, are Thy mercies, O ineffable Savior; have mercy upon us.</p>	<p>اسْتِيخْنَ ٢ . سَبِّحُوا اللَّهَ فِي قَبَائِسِيهِ، سَبِّحُوهُ فِي فَلَكَ قُوَّتِهِ. أَيُّهَا الرَّبُّ، لَقَدْ سَحَقْتَ الْأَقْفَالَ الدَّهْرِيَّةَ، وَمَزَقْتَ السَّلَاسِلَ وَقَطَعْتَهَا، وَقُمْتَ مِنَ الْقَبْرِ مُنْبَعَثًا، وَعَادَرْتَ الْحَنُوطَ وَالْأَكْفَانَ فِي اللَّحْدِ، شَهَادَةً لِدَفْنِكَ الْحَقِيقِيِّ ذِي الثَّلَاثَةِ الْأَيَّامِ، وَسَبَقْتَ مُتَقَدِّمًا إِلَى الْجَلِيلِ، يَا مَنْ فِي مَغَارَةٍ حُفِظْتَ. فَعَظِيمَةٌ هِيَ مَرَاحِمُكَ، أَيُّهَا الْمُخَلِّصُ الْمُحْتَجِّزُ إِدْرَاكُهُ أَرْحَمَنَا.</p>

<p>Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness. The women did hasten to Thy tomb to behold Thee, O Lord, Who didst suffer for us. And when they arrived, advancing, they saw an angel sitting on the stone rolled back from fear. And he shouted to them, saying: The Lord hath risen. Go and tell the Disciples that the Savior of our souls is risen from the dead.</p>	<p>استيخن ٣ . سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ عَظَمَتِهِ. أَيُّهَا الْمَسِيحُ الَّذِي تَأَلَّمَ عَنَّا، إِنَّ النَّسْوَةَ قَدْ أَسْرَعَنَ إِلَى قَبْرِكَ لِيُشَاهِدَنَّكَ. وَلَمَّا وَاقَيْنَ مُنْقَدِّمَاتٍ، أَبْصَرْنَ مَلَكَ جَالِسًا عَلَى الْحَجَرِ الْمُتَدَخَّرِ مِنَ الْخَوْفِ، فَهَتَفَ نَحْوَهُنَّ قَائِلًا: إِنَّ الرَّبَّ قَدْ قَامَ فَادْهَبْنَ وَأَعْلِمْنَ التَّلَامِيذَ، بِأَنَّهُ قَدْ نَهَضَ مِنْ بَيْنِ الْأَمْوَاتِ مُخْلِصٌ نَفُوسَنَا.</p>
<p>Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp. O Lord Savior, Thou didst enter unto Thy Disciples, the doors being closed, as Thou didst come out of the sealed tomb, showing the sufferings of the flesh which Thou didst accept in long-suffering; for Thou didst submit to pains patiently since Thou art the seed of David. But since Thou art the Son of God, Thou didst liberate the world. Great therefore, are Thy mercies, O incomprehensible Savior. Have mercy upon us.</p>	<p>استيخن ٤ . سَبِّحُوهُ بِالْحَنِّ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ وَالْقَيْتَارَةِ. أَيُّهَا الرَّبُّ الْمُخَلِّصُ، لَقَدْ وَاجَبْتَ عَلَى تَلَامِيذِكَ وَالْأَبْوَابِ مُغْلَقَةً، كَمَا خَرَجْتَ مِنَ الْقَبْرِ وَهُوَ مَخْتُومٌ، مُظْهِرًا آلامَ الْجَسَدِ الَّتِي قَبَلْتَهَا بِطَوْلٍ أَنْتَ، إِذْ قَدْ احْتَمَلْتَ الْأَوْصَابَ صَابِرًا بِمَا أَنْتَ مِنْ زَرْعِ دَاوُدَ، وَبِمَا أَنْتَ ابْنُ اللَّهِ، حَرَّرْتَ الْعَالَمَ مُعْتَقًا، فَعَظِيمَةٌ هِيَ مَرَاحِمُكَ، أَيُّهَا الْمُخَلِّصُ غَيْرِ الْمُدْرِكِ ارْحَمْنَا.</p>
<p>For the Nativity of the Theotokos in Tone One (**O strange wonder**)</p>	<p>لميلاد وَالِدَةِ الْإِلَهِ بِالْحَنِّ الْأَوَّلِ</p>
<p>Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs. O strange wonder, great and marvelous! * From the barren woman * is the source of life now born, * and grace doth begin resplendently to bring forth fruit. * Rejoice, righteous Joachim: * the Theotokos' begetter art thou become; * among all those born on earth, * there is no father like thee, O inspired of God; * for through thee we have been given * the pure Maiden who held God, * yea, the all-holy mountain * and the tabernacle of our God.</p>	<p>استيخن ٥ . سَبِّحُوهُ بِالطَّبْلِ وَالْمَصَافِ. سَبِّحُوهُ بِالْأُوتَارِ وَآلَةِ الطَّرْبِ. عَجَبٌ غَرِيبٌ قَدْ حَصَلَ! * فَيَنْبُوعُ الْحَيَاةِ مِنَ الْعَاقِرِ وُلِدَتْ. * وَالنَّعْمَةُ ابْتَدَأَتْ تُثْمِرُ بِبِهَاءِ. * سُرُورًا يَا يُوَاكِيمَ، * إِذْ صِرْتَ وَالِدَ وَالِدَةِ الْإِلَهِ. * فَمَا مِثْلُكَ أَحَدٌ * فِي الْوَالِدِينَ يَا مُلْهَمًا مِنَ اللَّهِ. * فَالْقَابِلَةُ الْإِلَهِ * بِكَ مُنِحَتْ لَنَا، * الْمِظْلَةُ وَالْجَبَلُ الْعَجِيبُ * لِرَبِّ السَّمَاوَاتِ.</p>
<p>Verse 6. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord. O strange wonder, great and marvelous ... (repeat above)</p>	<p>استيخن ٦ . سَبِّحُوهُ بِنَعْمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ، كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ. عَجَبٌ غَرِيبٌ قَدْ حَصَلَ ... (تعاد)</p>

Verse 7. Harken, O daughter, and consider, and incline thine ear.

O strange wonder, great and marvelous! * From a barren woman * fruit hath shone forth by command * of Him that hath made all things, the Lord Omnipotent. * This fruit hath wholly destroyed * the fallen world's grievous barrenness of good things; * and joining the mother of * the Theotokos, ye mothers, now dance and cry: * Maiden Full of Grace, rejoice thou; * with thee is the Lord our God, * Who abundantly granteth * His Great Mercy to the world through thee.

Verse 8. The rich among the people shall entreat thy countenance.

Anna the renowned is manifest * as a living pillar * of bright-beaming chastity, * a radiant vessel glittering with grace divine; * for she hath in truth brought forth * that godly flower and crown of virginity, * who openly doth confer * the grace and beautiful gift of virginity * both on virgins, and on all who * love the grace of maidenhood; * and she granteth Great Mercy * unto all the faithful flock of Christ.

THE THIRD EOTHINON DOXASTICON IN TONE THREE

Glory to the Father, and to the Son, and to the Holy Spirit.

Verily, the Disciples were taunted for the hardness of their hearts because they doubted when Mary Magdalene proclaimed to them the fact of the Resurrection of the Savior and His appearance to her. But, when they were armed with miracles and wonders, they were sent out to warn. As for Thee, O Lord, Thou didst ascend to Thy Father, the Element of all light; and they preached in every place verifying their words with wonders and miracles. Wherefore, we who were enlightened by them glorify Thy Resurrection from the dead, O Lover of mankind.

Both now and ever, and unto ages of ages. Amen.
Most blessed art thou, O Virgin Theotokos, for

استيخن ٧. اِسْمَعِي اَبْنَتُهَا الْبِنْتُ وَاَنْظُرِي، وَاَنْسِي
شَعْبِكَ وَبَيْتِ اَبِيكَ، فَيَسْتَهِيَ الْمَلِكُ حُسْنَكَ.

عَجَبٌ غَرِيبٌ قَدْ حَصَلَ! * بِاِشَارَةِ الضَّابِطِ الْكُلِّ
وَالْمُبْدِعِ * الْمُعْطِي ثَمَرَةً مِنْ بَطْنِ عَاقِرٍ. *
وَالشَّافِي عَفْرَ الْاَنَامِ * لِكَيْمَا يَثْمُرُوا عَيْشًا فِي
الصَّالِحَاتِ. * سُورُوا يَا اُمَّهَاتِ * فِي عِيدِ اُمِّ الْاِلٰهِ
مُرْتَمَاتٍ: * اِفْرَحِي يَا بَيْتَ النِّعْمَةِ، * اِنَّ الرَّبَّ
مَعَكَ، * وَهُوَ الْمَانِحُ الْعَالَمَ * بِكَ رَحْمَتَهُ الْعُظْمَى.

استيخن ٨. لَوْجِهَكَ يُصَلِّي كُلُّ اَغْنِيَاءِ الشَّعْبِ.

اِنَّ حَنَّةَ الشَّرِيفَةِ * كَعَمُودٍ حَيٍّ لِلْعَفَافِ ظَهَرَتْ. *
اِنَاءً مُنَوَّرًا يَشْعُ بِالنِّعْمَةِ. * فَوَلَدَتْ اَلَّتِي * هِيَ
مِثَالُ الْبَتُولِيَّةِ حَقًّا. * وَالزَّهْرَةُ الطَّاهِرَةُ * اَلَّتِي
لِلْعَذَارَى هِيَ مَوْهَبَةٌ. * وَهِيَ فَخْرُ الْبَتُولِيَّةِ، *
وَالْمُجِيزَةُ لَهَا، * وَالْمَانِحَةُ كُلَّ الْمُؤْمِنِينَ * الرَّحْمَةَ
الْعُظْمَى.

نوكسا الإيوثينا الثالثة باللحن الثالث

الْمَجْدُ لِلآبِ وَالْاِبْنِ وَالرُّوحِ الْقَدَسِ.

اِنَّ التَّلَامِيذَ عَيَّرُوا بِقَسَاوَةِ قُلُوبِهِمْ، اِذْ شَكَّوْا لَمَّا
بَشَّرْتَهُمْ مَرْيَمُ الْمَجْدَلِيَّةُ بِقِيَامَةِ الْمُخَلَّصِ وَظُهُورِهِ
لَهَا. اِلَّا اَنَّهُمْ لَمَّا تَسَلَّحُوا بِالْاَيَاتِ وَالْعَجَائِبِ، اُرْسِلُوا
اِلَى الْكُرُزِ. اَمَّا اَنْتَ يَا رَبُّ، فَصَعِدْتَ اِلَى اَبِيكَ
عُنْصُرِ الْاَنْوَارِ، وَهُمْ فَكَّرَزُوا فِي كُلِّ مَكَانٍ مُحَقِّقِينَ
كَلَامَهُمْ بِالْاَيَاتِ وَالْمُعْجِزَاتِ. فَلِذَلِكَ، نَحْنُ الذِّينَ
اسْتَتَرْنَا بِهِمْ، نُمَجِّدُ قِيَامَتَكَ مِنْ بَيْنِ الْاَمْوَاتِ، اَيُّهَا
الرَّبُّ، الْمُحِبُّ الْبَشَرَ.

الآن وكلّ أولانِ والى دهرِ الدهرينِ. آمين.
أَنْتِ هِيَ الْفَائِقَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةَ الْاِلٰهِ

through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.	العذراء، لَأَنَّ الْجَحِيمَ قَدْ سُيِّتَ بِوَاسِطَةِ الْمُتَجَسِّدِ مِنْكَ، وَأَدَمَ دُعِيَ ثَانِيَةً، وَاللَّعْنَةَ بَادَتِ، وَحَوَاءَ انْعَقَّتِ، وَالْمَوْتَ أَمِيَّتِ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ نُسَبِّحُ هَاتِقِينَ: مُبَارِكُ أَنْتَ أَيُّهَا الْمَسِيحُ إِلَهُنَا، يَا مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ.
THE GREAT DOXOLOGY IN TONE THREE	الدوكصولوجيا الكبرى باللحن الثالث
Glory to Thee, who has shown us the Light. Glory to God in the highest, and on earth peace, good will among men.	الْمَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ.
We praise thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.	نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نَمَجِّدُكَ، نَشْكُرُكَ مِنْ أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.
O Lord, heavenly King, God the Father Almighty; O Lord, the only begotten Son, Jesus Christ; and the Holy Spirit.	أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيِّ، إِلَهُ، الْأَبِ الضَّابِطِ الْكُلِّ. أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يَا يَسُوعَ الْمَسِيحُ، وَيَا أَيُّهَا الرُّوحَ الْقُدُسَ.
O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.	أَيُّهَا الرَّبُّ إِلَهُ، يَا حَمَلَ اللَّهِ يَا ابْنَ الْأَبِ، يَا رَافِعَ خَطِيئَةِ الْعَالَمِ أَرْحَمْنَا، يَا رَافِعَ خَطَايَا الْعَالَمِ.
Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.	تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الْجَالِسُ عَنِ يَمِينِ الْأَبِ وَأَرْحَمْنَا.
For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the Glory of God the Father. Amen.	لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْأَبِ، آمِينَ.
Every day will I bless Thee, and I will praise Thy Name forever; yea, forever and ever.	فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأُسَبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى أَبَدِ الْأَبَدِ.
Vouchsafe, O Lord, to keep us this day without sin.	أَهْلُنَا يَا رَبُّ أَنْ نَحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.
Blessed art Thou, O Lord God of our Fathers, and praised and glorified be Thy Name forever. Amen.	مُبَارِكُ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبَّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الْأَبَدِ، آمِينَ.
Let Thy mercy, O Lord, be upon us, as we do put our hope in thee.	لِنَكُنْ يَا رَبُّ رَحْمَتَكَ عَلَيْنَا، كَمَا نَلْتَكِلُ عَلَيْكَ.
Blessed art Thou, O Lord: teach me Thy statutes. (thrice)	مُبَارِكُ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا)
Lord, Thou hast been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against Thee.	يَا رَبُّ مَلْجَأُ كُنْتُمْ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ أَرْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ.

Lord, I have fled unto Thee: teach me to do Thy will, for Thou art my God.	يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلَّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.
For with Thee is the fountain of life; in Thy light shall we see light.	لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورَ.
O continue Thy lovingkindness unto them that know Thee. Holy God, Holy Mighty, Holy Immortal: have mercy on us. (<i>thrice</i>)	فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ. قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)
Glory to the Father, and to the Son, and to the Holy Spirit.	الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ.
Both now and ever, and unto ages of ages. Amen.	الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.
Holy Immortal, have mercy on us.	قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
Holy God, Holy Mighty, Holy Immortal: have mercy on us.	قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.
TROPARION IN TONE EIGHT	طَرُوبَارِيَّةٌ بِاللَّحْنِ الثَّامِنِ
Having risen from the tomb, and having burst the bonds of Hades, Thou didst loose the condemnation of death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Thyself to Thine Apostles, Thou didst send them forth to proclaim Thee; and through them Thou hast granted Thy peace unto the civilized world, O Thou Who alone art plenteous in mercy.	إِذْ قُمْتَ يَا رَبُّ مِنَ الْقَبْرِ، وَقَطَعْتَ رِبَاطَاتِ الْجَحِيمِ، غَلَبْتَ حُكُومَةَ الْمَوْتِ، وَأَنْقَذْتَ الْكُلَّ مِنْ فِخَاخِ الْعَدُوِّ، وَلَمَّا أَظْهَرْتَ ذَاتَكَ لِرُسُلِكَ أَرْسَلْتَهُمْ إِلَى الْكِرَازَةِ، وَمَنْحْتَ بِهِمْ سَلَامَكَ لِلْمَسْكُونَةِ يَا جَزِيلَ الرَّحْمَةِ وَحَدَّكَ.
<i>These texts have been prepared by Department of Liturgics of the Antiochian Archdiocese</i>	
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